



# NATIONAL TISKA BLACK BELT COURSE

## ALL SHODANS AND NIDANS

**TIME: 9.00 a.m.**

**DATE: SUNDAY 13<sup>TH</sup> OCTOBER 2019**

**VENUE: DUNSTABLE LEISURE CENTRE  
COURT DRIVE  
DUNSTABLE  
LU5 4JD**

**PRICE: £30**

**FAMILY £50 (2 People)**

**RATES: £70 (3 People or more)**

**All Shodan's grading for Nidan are expecting to attend this course.**

**Don't miss this opportunity of training under your Chief Instructor Sensei G. Sahota – 8<sup>TH</sup> Dan.**

**SENSEI WILL BE COVERING KATA 'BASSAI SHO' WITH A BO  
SO PLEASE ENSURE YOU BRING YOUR BO WITH YOU.**

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